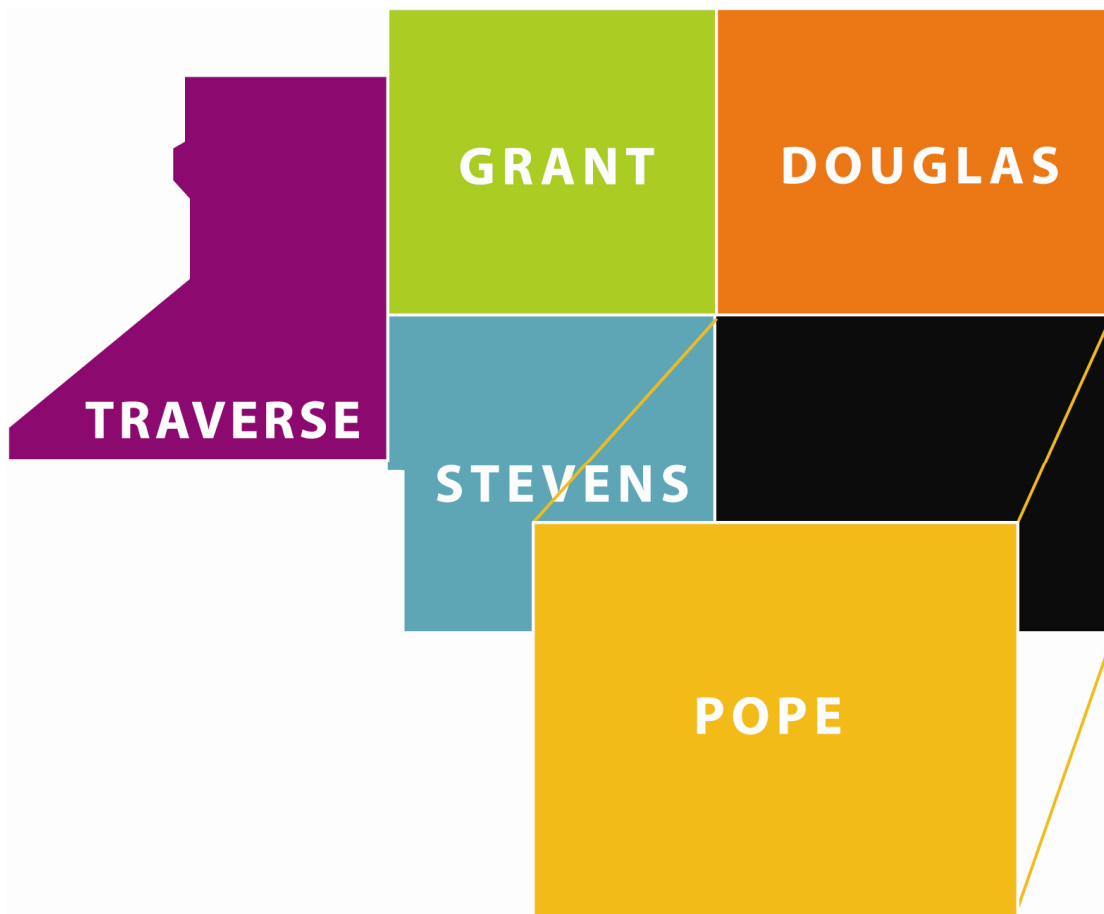


# **POPE COUNTY**

## **Early Childhood/THRIVE Initiative**

**Promoting the Healthy  
Social and Emotional Development of our Youngest Children**



**May 2009**

## **Child Care Resource & Referral—a program of Lakes and Prairies Community Action Partnership**

**700 Cedar Street, Suite 117**

**Alexandria, MN 56308**

**Phone: 320-759-3993**

**Fax: 320-759-3995**

**Website: [www.mnchildcare.org](http://www.mnchildcare.org)**

### **Summary of Services**

Lakes and Prairies Child Care Resource & Referral provides community-based, personal services to assist families in their search for quality child care, supports individuals and programs that care for children and builds connections in communities to generate understanding and activism for child care issues.

Lakes and Prairies Child Care Resource & Referral do not provide direct services for children with mental health issues. Services include:

- Helping parents find child care that meets their needs.
- Offer trainings for child care professionals on social and emotional development
- Assist child care professionals with care plans for children with mental health issues
- Consultation and referral assistance

### **Additional Information**

Lakes and Prairies Child Care Resource & Referral employs two child care health consultants, four referral counselors, eight provider support counselors and one community support counselor.

Referrals come from a variety of community sources, including social services, preschools, foster care, self-referral and other agencies.

Lakes and Prairies Child Care Resource & Referral provide trainings on safety, health, behavior management, and child development for child care professionals.

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Lakes &amp; Prairies Child Care Resource and Referral</b>            700 Cedar Street,            Suite 117            Alexandria, MN 56308</p> <p><b>Phone:</b> 320-759-3993  <b>Fax:</b> 320-759-3995  <b>Website:</b>  <a href="http://www.mnchildcare.org">www.mnchildcare.org</a></p> <p><b>Client Base:</b>            Infants, children, parents and child care professionals</p> <p><b>Access:</b> Call for information</p>	<ul style="list-style-type: none"> <li>• Child Care Health Consultation              -By phone or on-site              -Training and education for child care professionals              -Community referrals              -Assistance with care plans.</li> <li>• <b>Referral Counselors</b>              -Assist families in their search for quality child care.</li> </ul>	<p>No direct mental health services provided.</p>	<ul style="list-style-type: none"> <li>• No cost for consultation or referral services</li> <li>• Small fee charged for trainings</li> </ul>

## **City Law Enforcement**

### **Glenwood Police Department**

130 E MN Ave

Glenwood, MN 56334

Phone: 320-634-4518

Fax: 320-634-5457

Website: [www.co.pope.mn.us](http://www.co.pope.mn.us)

### **Starbuck Police Department**

PO Box 606

Starbuck, MN 56381

Phone: 320-239-2525

Fax: 320-239-2545

Email: [starbuckpolice@hcinet.net](mailto:starbuckpolice@hcinet.net)

#### **Summary of Services**

- Mental Health Referral
- Crisis Services
- Domestic Violence Service

#### **Area Addressed**

**Glenwood & Starbuck Police Department** functions to maintain order, enforce laws and ordinances and protect life and property in the City of Glenwood. The Department is active in victim's rights, domestic abuse programs and child abuse programs. They participate on the HELP Council, Child Protection Team. The Department has also been active in the "Take a Kid Fishing" program and has an officer who is active in scouting programs.

#### **Additional Information**

Specific services performed by the Department include:

- Investigate criminal activity
- Handle motor vehicle accidents
- Provide safety instruction to adults and children
- Provide bicycle safety to all elementary grades
- Conduct, in part, baby-sitting classes for 6<sup>th</sup> and 7<sup>th</sup> grade
- Operation Child Print in elementary grades
- Demonstrations for students on tracking dogs and drug sniffing dogs
- Provide safety materials for youth of the area

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Glenwood Police Department</b>  <b>130 E MN Ave</b>  <b>Glenwood, MN 56334</b>  <b>Phone: 320-634-4518</b>  <b>Fax: 320-634-5457</b>  <b>Website:</b>  <b>www.co.pope.mn.us</b></p> <p><b>Starbuck Police Department</b>  <b>PO Box 606</b>  <b>Starbuck, MN 56381</b>  <b>Phone: 320-239-2525</b>  <b>Fax: 320-239-2545</b>  <b>Email:</b>  <b>starbuckpolice@hcinet.net</b></p>	<ul style="list-style-type: none"> <li>• Mental Health Referral</li> <li>• Crisis Services</li> <li>• Domestic Violence Service</li> </ul>	<ul style="list-style-type: none"> <li>• Investigate criminal activity</li> <li>• Handle motor vehicle accidents</li> <li>• Provide safety instruction to adults and children</li> <li>• Provide bicycle safety to all elementary grades</li> <li>• Conduct, in part, baby-sitting classes for 6<sup>th</sup> &amp; 7<sup>th</sup> grade</li> <li>• Operation Child Print in elementary grades</li> <li>• Demonstrations for students on tracking dogs and drug sniffing dogs</li> <li>• Provide safety materials for youth of the area</li> </ul>	<p>No fees for services.</p>

## Dental Outreach Clinic

### Apple Tree Dental

Toll-free 1-888-683-1038

### Pope County Location:

#### Pope County Public Health

211 E Minnesota Avenue, Suite 100

Glenwood, MN 56334

Phone: 320-634-5720

Fax: 320-634-0159

### Summary of Services

- Check-up
- Cleaning
- Fluoride
- Follow-up

### Area Addressed

Dental care for children ages 2 to 12 served by Minnesota Care and Medical Assistance

### Additional Information

For clinic dates: Call Pope County Public Health – 320-634-5720 or the Pope County

Family Collaborative - 320-634-3909.

Agency	Services	Areas Addressed	Payment Accepted
Apple Tree Dental Toll free – 1-888-683-1038 Pope County Location: Pope County Public Health 211 E MN Ave., Suite 100, Glenwood, MN 56334 Phone: 320-634-5720 Fax: 320-634-0159 Website: <a href="http://www.co.pope.mn.us">www.co.pope.mn.us</a>	<ul style="list-style-type: none"><li>• Check-up</li><li>• Cleaning</li><li>• Fluoride</li><li>• Follow-up</li></ul>	<ul style="list-style-type: none"><li>• Dental care for children ages 2 to 12 served by Minnesota Care and Medical Assistance</li></ul>	Minnesota Care and Medical Assistance



**Glenwood Medical Center**  
10 4<sup>th</sup> Avenue SE  
Glenwood, MN 56334  
Phone: 320-634-5157  
Fax: 320-634-2244  
Website: [www.GLACIALRIDGE.org](http://www.GLACIALRIDGE.org)

### **Summary of Services**

- Mental Health Referral
- Psychiatric Consultation
- ADHD Consultation and Follow-up
- Depression Consultation & Follow-up
- Obesity Disease Management

### **Area Addressed**

- Well Child Exams & Developmental Screenings
- Health Education
- Expectant Parent Classes
- Medical counseling as an alternative to surgical (gastric bypass) for adults and lifestyle changes for children 6 and older

### **Additional Information**

#### ***Our Mission***

Our mission is to provide high quality services, which enhance the quality of life and promote healthy lifestyles for our patients, clients, employees, organization and communities.

#### ***Our Desire***

Our desire is to lead by example through compassionate, caring and comprehensive health care services.

#### ***Our Promise***

Our promise is to provide the most courteous, efficient and best quality services and medical care for our communities.

Dr. Schlueter, Dr. Brown, Dr. Johnson, Dr. Haus, Dr. Westberg, Dr. Montenegro, Dr. Kallimel, Dr. Mellgren, Dr. Althoff, FACS, Beth Ankeny, FNP-C, Jessica van der Hagen, FNP-C, Jenna Myrom, FNP-C

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Glenwood Medical Center</b>            10 4<sup>th</sup> Avenue SE            Glenwood, MN 56334  <b>Phone:</b> 320-634-5157  <b>Fax:</b> 320-634-2244  <b>Website:</b>  <a href="http://www.GLACIALRIDGE.org">www.GLACIALRIDGE.org</a></p> <p><b>Hours:</b>            Monday, Tuesday,            Wednesday &amp; Thursday            8:00 am - 7:00 pm            Friday -8:00 am - 5:00 pm</p> <p><i>Appointments are available during the noon hour!</i></p> <p><b>Same-Day Appointments</b>            Saturday 8:00 am - 12:00 pm</p>	<ul style="list-style-type: none"> <li>• Mental Health Referral</li> <li>• Psychiatric Consultation</li> <li>• ADHD Consultation and Follow-up</li> <li>• Depression Consultation &amp; Follow-up</li> <li>• Obesity Disease Management</li> </ul>	<ul style="list-style-type: none"> <li>• Attention/Impulse control- ADHD</li> <li>• Depression</li> <li>• Aggressive oppositional behavior</li> <li>• Alcohol/drug abuse</li> <li>• Anxiety disorder</li> <li>• Attention problems/impulse control</li> <li>• Chronic physical illness</li> <li>• Conduct Disorder</li> <li>• Depression</li> <li>• Developmental disability</li> <li>• Eating disorder</li> <li>• Mood disorder</li> <li>• Autism Spectrum</li> <li>• Sexual offenses</li> <li>• Sleep disorder</li> </ul>	<ul style="list-style-type: none"> <li>• PrimeWest</li> <li>• Medica</li> <li>• Blue Cross/Blue Shield</li> <li>• Health Partners</li> <li>• Medicare Advantage</li> <li>• MSHO</li> <li>• UCARE</li> <li>• Medical Assistance</li> <li>• Minnesota Care</li> </ul>

## Glenwood Public Library

108 SE 1<sup>st</sup> Ave

Glenwood, MN 56334

Phone: 320-634-3375

Fax: 320-634-5099

Website: [www.viking.lib.mn.us/libraries/glenwood](http://www.viking.lib.mn.us/libraries/glenwood)

### Library Hours

Monday/Wednesday – 1:00 pm – 8:00 pm

Tuesday/Thursday – 10:00 am – 5:30 pm

Friday – 1:00 pm – 5:30 pm

Saturday – 10 am – 2 pm

### Summary of Services

The **mission** of the Glenwood Public Library is to provide for the informational, educational, cultural and recreational needs of the community.

The library seeks to promote knowledge, understanding, and wisdom by providing all residents with free access to a variety of materials and services.

**Story hour** is a way of acquainting preschool children with books and reading. Stories selected by the children's librarian include a variety of literature written for children along with songs, films, and craft activities. Story hour is for preschool children ages 3 to 5 years old at 1:00 every Thursday.

### Area Addressed

The Glenwood Public Library promotes literacy for the entire family. The library provides free access to social and emotional development resources.

Agency	Services	Areas Addressed	Payment Accepted
<b>Glenwood Public Library</b> 108 SE 1 <sup>st</sup> St Glenwood, MN 56334 Phone: 320-634-3375 Fax: 320-634- Website: <a href="http://www.viking.lib.mn.us/libraries/glenwood">www.viking.lib.mn.us/libraries/glenwood</a> <b>Library Hours</b> Monday /Wednesday – 1:00 – 8:00 Tuesday/Thursday – 10:00 – 5:30 Friday – 1:00 – 5:30 Saturday – 10:00 – 2:00	Printed materials and other resources	No direct mental health services provided.	<b>No charge for services</b>



## **Lakeland Mental Health**

105 2<sup>nd</sup> Avenue NE

Glenwood, MN 56334

Phone: 320-634-3446

Fax: 320-634-0384

Website: [www.lmhc.org](http://www.lmhc.org)

### **Summary of Services**

- Outpatient Services
  - Individual therapy
  - Family therapy
  - Group therapy
  - Diagnostic assessments
  - Children's mental health screening
  - Play therapy
  - Rule 79 (Children's mental health) case management
  - Children's Therapeutic Services and Supports (CTSS)
  - Psychological Assessments
  - Child Psychiatry (medication management)
  - Crisis hotline services
- Educational Based Outreach

School based mental health services offered to children whose mental health needs are negatively impacting their ability to be successful in school, home and community settings.

Therapeutic services are provided to increase the student's ability to function in school, home and community settings. These services include individual, group and family therapy, social skills trainings, recreation and leisure activities, parent education, medication monitoring, case management services and close coordination with school staff.

### **Areas Addressed**

- Alcohol/drug abuse
- Anger management
- Anxiety Disorders
- Attention/Impulse control- ADHD
- Conduct Disorders
- Depression
- Developmental Disabilities
- Learning Disorders
- Mood Disorders
- Oppositional/defiant behavior and disorders
- Pervasive Development Disorders/autism
- Psychotic Disorders
- Sexual offenses
- Attachment issues

**Additional Information**

Lakeland Mental Health (LMHC) is a private non-profit 501(c)3 corporation that has provided behavioral healthcare services in west central Minnesota since 1949.

**Our Mission**

"To promote healthy individuals, families and communities by providing high quality, accessible behavioral healthcare."

To meet this broad mission and to be responsive to identified needs, many community partnerships have been formed with area schools, clinics and other community providers to ensure coordinated care for our clients ranging in age from children to seniors. This ensures services can be brought closer to clients who do not live near a LMHC clinic.

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Lakeland Mental Health</b>            105 2<sup>nd</sup> Avenue NE            Glenwood, MN 56334  <b>Phone:</b> 320-634-3446  <b>Fax:</b> 320-634-0384</p> <p><b>Client Base:</b> Children, adults, adolescents and families.</p> <p><b>Access:</b> Call for an appointment</p> <p><b>Hours:</b>            8am-5pm            Monday – Friday            Evening Appointments by Request</p>	<p>Outpatient Services</p> <ul style="list-style-type: none"> <li>○ Individual therapy</li> <li>○ Family therapy</li> <li>○ Group therapy</li> <li>○ Diagnostic assessments</li> <li>○ Children’s mental health screening</li> <li>○ Play therapy</li> <li>○ Rule 79 (Children’s mental health) case management</li> <li>○ Children’s Therapeutic Services and Supports (CTSS)</li> <li>○ Psychological Assessments</li> <li>○ Child Psychiatry (medication management)</li> <li>○ Crisis hotline services</li> <li>○ Education Based Outreach</li> </ul>	<ul style="list-style-type: none"> <li>• Alcohol/drug abuse</li> <li>• Anger management</li> <li>• Anxiety Disorders</li> <li>• Attention/Impulse control- ADHD</li> <li>• Conduct Disorders</li> <li>• Depression</li> <li>• Developmental Disabilities</li> <li>• Learning Disorders</li> <li>• Mood Disorders</li> <li>• Oppositional/defiant behavior and disorders</li> <li>• Pervasive Development Disorders/autism</li> <li>• Psychotic Disorders</li> <li>• Sexual offenses</li> <li>• Attachment issues</li> </ul>	<ul style="list-style-type: none"> <li>• Medica</li> <li>• Blue Cross/Blue Shield of MN and ND</li> <li>• Health Partners</li> <li>• UCARE</li> <li>• Medical Assistance</li> <li>• MinnesotaCare</li> <li>• Prime West</li> <li>• Sliding Fee</li> <li>• Private Pay</li> </ul> <p><b>Call for more information on insurance</b></p>

## **Lutheran Social Services**

507 22<sup>nd</sup> Ave E #1

Alexandria, MN 56308

Phone: 320-762-5124

Fax: 320-762-2422

Website: [www.lssmn.org](http://www.lssmn.org)

### **Summary of Services**

- Outpatient Mental Health Services and referral
- In-Home Family Based Services
- Parent/Child Interaction Therapy
- Diagnostic assessments
- Educational Programs (Parenting, Chemical Health, Anger Management)
- Incredible Years Parenting Program
- Head Start Mental Health Consultation
- Individual and family therapy
- Child and adolescent therapy
- Domestic Abuse Program For Men
- Psychological testing and evaluations
- Employee assistance service

### **Areas Addressed**

- Alcohol/drug abuse
- Anger management
- Anxiety Disorders
- Attention/Impulse control- ADHD
- Conduct Disorders
- Depression
- Developmental Disabilities
- Mood Disorders
- Oppositional/defiant behavior and disorders
- Pervasive Development Disorders/autism
- Attachment issues

### **Additional Information**

LSS Counseling and Family Resources offers a full range of mental health services which integrate sound professional practices with individual planning by a multidisciplinary team, including psychiatric consultation. We are also notably experienced in working with a diverse population in terms of cultural and ability differences.

Lutheran Social Service of Minnesota offers a wide variety of human support services relating to the basics of life – food, shelter, safety, physical and emotional well-being.

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Lutheran Social Services</b>  <b>Phone: 320-762-5124</b>  <b>Fax: 320-762-2422</b></p> <p><b>Client Base:</b> Children, adults, adolescents and families.</p> <p><b>Access:</b> Call for an appointment</p> <p><b>Hours:</b>  <b>M-F 8-5</b>  <b>Evenings by Apt.</b>  <b>1<sup>st</sup> Saturday of month</b></p>	<p>Outpatient Services</p> <ul style="list-style-type: none"> <li>○ Individual therapy</li> <li>○ Family therapy</li> <li>○ Group therapy</li> <li>○ Diagnostic assessments</li> <li>○ Children’s mental health screening</li> <li>○ Children’s Therapeutic Services and Supports (CTSS)</li> <li>○ Psychological Assessments</li> </ul>	<ul style="list-style-type: none"> <li>• Anger management</li> <li>• Anxiety Disorders</li> <li>• Attention/Impulse control- ADHD</li> <li>• Conduct Disorders</li> <li>• Depression</li> <li>• Developmental Disabilities</li> <li>• Mood Disorders</li> <li>• Oppositional/defiant behavior and disorders</li> <li>• Pervasive Development Disorders/autism</li> <li>• Attachment issues</li> </ul>	<ul style="list-style-type: none"> <li>• Medica</li> <li>• Blue Cross/Blue Shield of MN and ND</li> <li>• Health Partners</li> <li>• UCARE</li> <li>• Medical Assistance</li> <li>• MinnesotaCare</li> <li>• Prime West</li> <li>• Sliding Fee</li> <li>• Private Pay</li> </ul> <p><b>Call for more information on insurance</b></p>

## **Minnewaska Early Childhood Family Education (ECFE)**

219 1<sup>st</sup> Street SE

Glenwood, MN 56334

Phone: 320-634-4452

Website: [www.minnewaska.k12.mn.us](http://www.minnewaska.k12.mn.us)

### **Summary of Services**

ECFE, School Readiness – KinderCamp, Ann & Andy Preschool, Gearing Up For Kindergarten provide early education and support for children ages prenatal to those entering kindergarten, with a focus on social/emotional development, parent education and support.

- Parent Education groups
- Early Childhood Education
- Parent and Child Interaction Time
- Special family events
- School Readiness Opportunities
- Look What I Can Do Screening For Birth – 3 year olds

### **Areas Addressed**

- Social/Emotional Development
- Prevention and early intervention
- Special family events
- School Readiness Opportunities

### **Additional Information**

**The goals of ECFE are to:**

- Give children opportunities to explore and learn
- Support parents in raising their children
- Offer information regarding child development and parenting techniques
- Promote communication within the family
- Promote positive parenting
- Provide information on a variety of community resources

Early Childhood Family Education has a **resource library** filled with parent/child information and resources that are available for parents to check out.

Agency	Services	Areas Addressed	Payment Accepted
<b>Minnewaska Early Childhood Family Education</b> <b>219 1<sup>st</sup> Street SE</b> <b>Glenwood, MN 56334</b> <b>Phone: 320-634-4452</b> <b>Website:</b> <b><a href="http://www.minnewaska.k12.mn.us">www.minnewaska.k12.mn.us</a></b>	<ul style="list-style-type: none"> <li>• Mental Health Referral</li> <li>• Family/Community Support</li> <li>• Parenting Support</li> <li>• School Readiness</li> </ul>	<ul style="list-style-type: none"> <li>▪ Social/Emotional Development</li> <li>▪ Prevention and early intervention</li> <li>▪ Special Family Events</li> <li>▪ School Readiness Child Opportunities</li> </ul>	Sliding Fee available based on parent's income for some classes.

## Minnewaska Area Schools Early Childhood Special Education (ECSE)

500 John Street

PO Box 10

Starbuck, MN 56381

Phone: 320-239-1403

Fax: 320-239-1420

Website: [www.minnewaska.k12.mn.us](http://www.minnewaska.k12.mn.us)

### Summary of Services

- Birth – 2 Home Visiting
- Speech/Language Therapy
- Physical Therapy
- Occupational Therapy
- Special parent education and services
- Look What I Can Do Screening
- Mental Health Referrals
- Family/community Support
- Therapeutic Classroom

### Area Addressed

- Developmental and Speech Delays
- Medically diagnosed conditions
- Autism spectrum disorders,
- Behavior disorders
- Attention programs
- Impulse Control

**Look What I Can Do!** Free Developmental screenings for children 0-3 years offered in the fall and spring at the Starbuck Building.

### Additional Information

Caring staff provide a transdisciplinary approach to special education for young children. They collaborate with local agencies to enhance services.

Agency	Services	Areas Addressed	Payment Accepted
<b>Early Childhood Special Education (ECSE)</b> 500 John Street PO Box 10 Starbuck, MN 56381 Phone: 320-239-1403 Fax: 320-239-1420 Website: <a href="http://www.minnewaska.k12.mn.us">www.minnewaska.k12.mn.us</a>	<ul style="list-style-type: none"><li>• Mental Health Referral</li><li>• Family/community Support</li><li>• Therapeutic Classroom</li><li>• Look What I Can Do</li></ul>	<ul style="list-style-type: none"><li>• Developmental and Speech Delays</li><li>• Medically diagnosed conditions</li><li>• Autism spectrum disorders,</li><li>• Behavior disorders</li><li>• Attention programs</li><li>• Impulse Control</li></ul>	No fees charged for services.



## **Minnewaska Area Elementary School**

409 4<sup>th</sup> Street SE

Glenwood, MN 56334

Phone: 320-634-4567

Fax: 320-239-1380

Website: [www.minnewaska.k12.mn.us](http://www.minnewaska.k12.mn.us)

## **Minnewaska Day Treatment**

500 John Street

Starbuck, MN 56381

Phone: 320-239-2257

Fax: 320-239-1420

Website: [www.minnewaska.k12.mn.us](http://www.minnewaska.k12.mn.us)

### **Summary of Services**

The Minnewaska Area Elementary School serves grades K-6 and is located in Glenwood. Children are served by a school social worker and mental health therapist.

Minnewaska Day Treatment services are available for K-12 at the Starbuck School.

- Mental Health Referral
- Crisis Services
- In-home counseling
- Therapeutic Classroom
- Day Treatment Services
- Home Visiting
- Family/Community Support
- Parenting Support
- Individual & Group Counseling
- CTSS

### **Area Addressed**

- Aggressive oppositional behaviors
- Alcohol/Drug abuse
- Anxiety disorder
- Attention problems/Impulse control
- Communication disorders
- Depression
- Developmental disability

- Autism spectrum

**Additional Information**

Minnewaska Area Schools Mission: is to place students first in order to produce individuals with the confidence and ability to pursue and achieve their highest aspirations in a safe, supportive environment maximizing the resources of a united community.

English Language Learner (ELL) services are available for non-English speaking students and families.

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Minnewaska Area Elementary School</b>  <b>409 4<sup>th</sup> Street SE</b>  <b>Glenwood, MN 56334</b>  <b>Phone: 320-634-4567</b>  <b>Fax: 320-239-1380</b>  <b>Website:</b>  <a href="http://www.minnewaska.k12.mn.us">www.minnewaska.k12.mn.us</a></p>	<ul style="list-style-type: none"> <li>• Mental Health Referral</li> <li>• Crisis Services</li> <li>• In-home counseling</li> <li>• Therapeutic Classroom</li> <li>• Day Treatment</li> <li>• Home Visiting</li> <li>• Family/Community Support</li> <li>• Parenting Support</li> <li>• Individual &amp; Group Counseling</li> <li>• CTSS</li> </ul>	<ul style="list-style-type: none"> <li>• Aggressive oppositional behaviors</li> <li>• Alcohol/Drug abuse</li> <li>• Anxiety disorder</li> <li>• Attention problems/Impulse control</li> <li>• Communication disorders</li> <li>• Depression</li> <li>• Developmental disability</li> <li>• Autism spectrum</li> </ul>	<p>No charges for these services</p>

**Minnewaska Area High School/  
Runestone Area Education District (RAED)**

**25122 Hwy 28**

**Glenwood, MN 56334**

**Phone: 320-239-4800**

**Website: [www.minnewaska.k12.mn.us](http://www.minnewaska.k12.mn.us)**

**Summary of Services**

Support services in the Minnewaska Area Schools/RAED schools are designed to weave together school and community resources to address barriers to learning and promote healthy development for all students.

**Area Addressed**

The Special Education, EBD, OHD, ASD and direct contact with the Social Workers, Counselors and Psychologists address the following areas for Early Intervention and Invention Services.

- ◆ Aggressive oppositional behavior
- ◆ Alcohol/drug abuse
- ◆ Anxiety disorder
- ◆ Attention problems/impulse control
- ◆ Conduct disorder
- ◆ Depression
- ◆ Developmental disability
- ◆ Mood disorder
- ◆ Autism spectrum
- ◆ Disorders of regulation
- ◆ Special Education

Special Education at the Minnewaska Area Starbuck School provides Intensive Intervention for the above listed areas.

**Additional Information**

Minnewaska Area Schools Mission: is to place students first in order to produce individuals with the confidence and ability to pursue and achieve their highest aspirations in a safe, supportive environment maximizing the resources of a united community.

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Minnewaska Area High School</b>  <b>25122 Hwy 28</b>  <b>Glenwood, MN 56334</b>  <b>Phone: 320-239-4800</b>  <b>Website:</b>  <b><a href="http://www.minnewaska.k12.mn.us">www.minnewaska.k12.mn.us</a></b></p>	<ul style="list-style-type: none"> <li>• Special education screening/assessment</li> <li>• Special education case management</li> <li>• Parenting support and referrals</li> <li>• Family/community support</li> </ul>	<ul style="list-style-type: none"> <li>• Aggressive oppositional behavior</li> <li>• Alcohol/drug abuse</li> <li>• Anxiety disorder</li> <li>• Attention programs/impulse control</li> <li>• Conduct disorder</li> <li>• Depression</li> <li>• Developmental disability</li> <li>• Physical disability</li> <li>• Eating disorder</li> <li>• Mood disorder</li> <li>• Disorders of regulation</li> </ul>	<ul style="list-style-type: none"> <li>• Medica</li> <li>• Medical Assistance</li> <li>• MinnesotaCare</li> </ul>

## Nutrition Education Programs

University of Minnesota Extension Pope County

130 East Minnesota Avenue, Glenwood, MN 56334

Phone: 320-634-5735

Fax: 320-634-5736

Website: <http://www.extension.umn.edu/>

### Summary of Services

Nutrition Education Programs provide nutrition education to low income families and individuals. Services are provided related to healthy eating, cooking skills and stretching food budgets.

### Area Addressed

Proper nutrition for healthy social emotional development

### Additional Information

To provide services, 50% of the participants must have income below 185% of the poverty level.

The University of Minnesota Extension in Pope County is a county-based educational resource of the University of Minnesota. Its mission is connecting community needs and University resources. Extension takes the latest research from the University Labs into people's lives – where they live, work and play. Extension is a partnership between the University and state, federal, and county governments to provide scientific knowledge and expertise to the public.

Agency	Services	Areas Addressed	Payment Accepted
<b>Nutrition Education Programs</b> <b>University of Minnesota Extension</b> <b>Pope County</b> 130 East Minnesota Avenue, Glenwood, MN 56334 Phone: 320-634-5735 Fax: 320-634-5736 Website: <a href="http://www.extension.umn.edu/">http://www.extension.umn.edu/</a> Hours: Office Hours – 8:00 am to 4:30 pm Monday - Friday	<ul style="list-style-type: none"><li>• Nutrition education</li></ul>	Proper nutrition for healthy social emotional development	<b>No charge for services</b>

**Pope County Early Childhood/THRIVE Initiative-- a program of the  
Pope County Family Collaborative**

131 E. Minnesota Avenue

Glenwood, MN 56334

Phone: 320-634-3909

Website: [www.minnewaska.k12.mn.us](http://www.minnewaska.k12.mn.us)

**Summary of Services**

- Parenting Support
- Armful of Love
- Training Opportunities
- Resource & Referral
- Bring Partners To the Table to Address Needs With Solutions

**Area Addressed**

Healthy Social & Emotional Development, Education, Health & Safety and Community Collaboration for all children in Pope County. Our goal is to strengthen the relationship between parent and child.

**Additional Information**

The Collaborative will promote program cooperation to better serve the needs and enhance the capabilities of all families in Pope County.

Pope County Early Childhood/THRIVE Initiative is a part of a statewide effort to ensure all young children will seek their full potential in life.

Our Pope County Vision: Every child in Pope County will live in a safe, healthy community and have access to quality services and nurturing opportunities. In every sector of our community, members and families embrace working together to ensure that each child has the opportunity to reach their full potential. Pope County is a community where education, physical and mental health are highly valued from birth through adulthood.

Agency	Services	Areas Addressed	Payment Accepted
<b>Pope County Early Childhood/THRIVE Initiative</b> 131 E. Minnesota Avenue Glenwood, MN 56334 <b>Phone:</b> 320-634-3909 <b>Website:</b> <a href="http://www.minnewaska.k12.mn.us">www.minnewaska.k12.mn.us</a>	<ul style="list-style-type: none"> <li>• Parenting Support</li> <li>• Armful of Love</li> <li>• Training Opportunities</li> <li>• Bring partners To The Table</li> </ul>	<ul style="list-style-type: none"> <li>• Healthy Social &amp; Emotional Development</li> </ul>	<ul style="list-style-type: none"> <li>• No Charge for Service</li> </ul>

## **Pope County Hearts & Hands Food Shelf/Clothes Closet**

206 6<sup>th</sup> Ave NW

Glenwood, MN 56334

No phone on site

Contact #: 320-634-4394 or 320-634-3909

Monday & Wednesday – 2:30 pm – 4:30 pm

Tuesday – 4:30 pm – 6:30 pm

### **Clothes Closet**

Same location and phone numbers as above

Monday, Tuesday, Thursday & Friday 9:30 am – 12:00 pm and 1:00 pm – 3:00 pm

### **Summary of Services**

Pope County Hearts & Hands Food Shelf provides emergency food supplies for families living in Pope County. At a minimal cost, the Clothes Closet provides an assortment of clothing for all ages.

### **Area Addressed**

Providing basic food and clothing needs for families.

<b>Agency</b>	<b>Services</b>	<b>Areas Addressed</b>	<b>Payment Accepted</b>
<b>Pope County Hearts &amp; Hands Food Shelf &amp; Clothes Closet</b> 206 6 <sup>th</sup> Ave NW Glenwood, MN 56334 <b>Contact numbers:</b> 320-634-4394 or 320-634-3909 (no phone on site)  <b>Hours:</b> <b>Food Shelf -</b> Monday/Wednesday – 2:30 pm – 4:30 pm Tuesday – 4:30 pm – 6:30 – pm  <b>Clothes Closet</b> Monday, Tuesday, Thursday, Friday – 9:30 am – 12:00 pm & 1:00 pm – 3:00 pm	<ul style="list-style-type: none"><li>• Family and community support</li></ul>	<ul style="list-style-type: none"><li>• No direct mental health services provided.</li></ul>	<ul style="list-style-type: none"><li>• No Charge for food Minimal Cost for Clothing</li></ul>



**Pope County Human Services**  
211 E. Minnesota Avenue, Suite 200  
Glenwood, MN 56334  
Phone: 320-634-5713  
Fax: 320-634-0164  
Website: [www.co.pope.mn.us/Human Services](http://www.co.pope.mn.us/Human_Services)

### **Summary of Services**

Pope County Human Services is the County's public welfare and local social service agency. Established in 1937, the Department has two main components: financial services and social services.

- Mental health referrals
- Case management
- Crisis services
- Outpatient services
- In-home services
- Family/community support
- Parenting Support
- Domestic Violence Support
- Psychiatric Referrals
- Rule 25 Assessments for parents
- New Beginnings Treatment
- Respite
- Child care licensure
- Alcoholics Anonymous/Narcotics Anonymous

### **Additional Information**

The services primarily involve completing assessments or investigations, developing individual case plans, contracting for services from various providers, and case management. There is a staff of eight social workers. The funding for these services comes from a combination of State, Federal, and County tax levy.

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Pope County Human Services</b>            211 E. Minnesota Avenue, Suite 200            Glenwood, MN 56334            Phone: 320-634-5713  <a href="http://www.co.pope.mn.us/Human_Services">www.co.pope.mn.us/Human Services</a></p> <p><b>Client Base:</b>            Children and adults</p> <p><b>Access:</b></p> <p><b>Hours: 8:00 am – 4:30 pm</b></p>	<ul style="list-style-type: none"> <li>• Mental health referrals</li> <li>• Case Management</li> <li>• Crisis Services</li> <li>• Outpatient Services</li> <li>• In-home Services</li> <li>• Family/Community Support</li> <li>• Parenting Support</li> <li>• Domestic Violence Support</li> <li>• Psychiatric Consultation</li> <li>• New Beginnings Treatment</li> <li>• Respite</li> <li>• Child Care Licensure</li> <li>• Alcoholics Anonymous/Narcotics Anonymous</li> </ul>	<ul style="list-style-type: none"> <li>• Rule 25 Assessment For Parents</li> <li>• Alcoholics Anonymous/Narcotics Anonymous</li> </ul>	<p>The funding for these services comes from a combination of State, Federal, and County tax levy.</p>

## **Pope County Interagency Early Intervention Committee (IEIC)**

211 E. Minnesota Avenue

Glenwood, MN 56334

Phone: 320-634-5722

Fax: 320-634-0159

Website: [www.co.pope.mn.us/Public\\_health](http://www.co.pope.mn.us/Public_health)

### **Summary of Services**

The Pope County Interagency Early Intervention Committee is designed to facilitate planning among representatives of education, human services, public health and other agencies that provide or use services for young children with disabilities and their families. Membership includes parents of young children with disabilities.

### **Area Address**

Children must be eligible for early intervention or special education services. Services are available for the Pope County area. The committee ensures that culturally appropriate services are provided for young children and their families through a variety of ways.

### **Additional Information**

This is a collaborative effort between Public Health, Minnewaska Area Schools Early Childhood Special Education (ECSE), Early Childhood Family Education (ECFE), the Pope County Family Collaborative and the community-at-large.

<b>Agency</b>	<b>Services</b>	<b>Areas Addressed</b>	<b>Payment Accepted</b>
<b>Pope County IEIC</b> 211 E. Minnesota Avenue Glenwood, MN 56334 Phone: 320-634-5722 Fax: 320-634-0159 Website: <a href="http://www.co.pope.mn.us/Public_health">www.co.pope.mn.us/Public_health</a>	The Pope County IEIC Committee is designed to facilitate planning among representatives of education, human services, public health and other agencies that provide or use services for young children with disabilities and their families. Membership includes parents of young children with disabilities.	Based on individual needs	No charge for services.



**Pope County Public Health**  
211 E. Minnesota Avenue, Suite 100  
Glenwood, MN 56334  
Phone: 320-634-5720  
Fax: 320-634-0159  
Website: [www.co.pope.mn.us/Public\\_health](http://www.co.pope.mn.us/Public_health)

### **Summary of Services**

- Mental Health Referral
- Parenting Support
- Universal Postpartum Home Visit – offered to every new mom with a baby in Pope County
- Home Visiting
- Child & Teen Check-ups (Birth – 21 years old)
- Preschool Screenings – contracted with the Minnewaska Area Schools – usually conducted before a child turns 4 years old
- Women, Infants & Children (WIC)
- Infant Follow-Along Program
- Look What I Can Do – Developmental Screening Assessment for birth – 3 years old – held at the Starbuck ECSE Center in the fall & spring
- Immunizations
- Host Dental Outreach Clinics
- Flouride Varnish Program

### **Area Addressed**

**Home Visiting** is offered on an individual basis for parents of young children. It is an opportunity for them to learn about normal growth and development, what to do in emergencies, feeding changes and other resources that may be of help to them. Parents may call to arrange a visit.

**Early Childhood Screenings and Child & Teen Check-ups** components include:

- ◆ Vision, hearing, development, and physical screening for children ages 0-21
- ◆ Immunizations. Monthly clinics for childhood, school age and adult immunizations.

**WCI** is a nutrition education program that provides supplemental foods which promote good health for pregnant, breast-feeding and postpartum women, infants and children up to age five. Participants must have a nutrition need and household income must fall within certain guidelines however the qualifying income is higher than most other programs.

**Dental Outreach Clinics** are coordinated through the Early Childhood Dental Network and supported by the West Central Initiative and a grant from PrimeWest Health. Pope County children ages 2-12 are able to access a mobile dentistry service if they are on medical assistance or MN Care. The clinic provides a close-to-home dental checkup and offers: a screening, intra-oral x-ray pictures, tele-hygiene assessments, fluoride varnish application and education on oral home care.

**Additional Information**

Maternal child health services provide prenatal and postpartum education for mothers and infants, assessments for risk factors including childhood injury prevention.

Family health services provide assessment and education regarding growth and development, case management and referral to other appropriate agencies. Provide mentoring services through home visiting.

**Referral and Follow-up:**

Information and referral to other agencies or professionals as needed.

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Pope County Public Health</b>            211 E. Minnesota Avenue, Suite 100            Glenwood, MN 56334  <b>Phone: 320-634-5720</b>  <b>Fax: 320-634-0159</b>  <b>Website:</b>  <a href="http://www.co.pope.mn.us/Public_health">www.co.pope.mn.us/Public_health</a></p>	<ul style="list-style-type: none"> <li>• Mental Health Referral</li> <li>• Parenting Support</li> <li>• Home Visiting</li> <li>• Developmental Screenings</li> </ul>	<ul style="list-style-type: none"> <li>• Social/Emotional Development</li> <li>• Depression</li> <li>• Developmental disability</li> <li>• Eating disorder</li> <li>• Mood disorder</li> <li>• Autism Spectrum</li> <li>• Multiple issues surrounding early childhood</li> <li>• Community Health</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid/MN Care</li> <li>• Prime West Health</li> <li>• Private Insurance</li> <li>• Sliding fee (Child &amp; Teen Check-ups)</li> <li>• No charge for some services</li> </ul> <p>Please call for more information</p>

**Pope County Sheriff's Office**  
**130 East Minnesota Avenue, Suite 131**  
**Glenwood, MN 56334**  
**Phone: 320-634-5411**  
**Fax: 320-634-5457**  
**Website: [www.co.pope.mn.us/Sheriff Office](http://www.co.pope.mn.us/Sheriff_Office)**

**Summary of Some of the many Services & Areas Addressed**

- Crisis Services
- Provide full range of law enforcement services for Pope County
- Water safety program
- Provide crime prevention and education services to the general public
- Operation I.D
- Domestic Violence Services
- D.A.R.E. (Drug Abuse Resistance Education)
- Public Safety Announcements
- National Child Safety Council
- H.E.L.P. Council
- Work child abuse/neglect investigations jointly and separately with Pope County Family Services.
- Coordination for all systems, programs and operations to ensure an integrated response to emergencies, hazards, contamination by hazardous materials and natural disasters.

Agency	Services	Areas Addressed	Payment Accepted
<b>Pope County Sheriff Office</b> <b>130 East Minnesota Avenue, Suite 131</b> <b>Glenwood, MN 56334</b> <b>Phone: 320-634-5411</b> <b>Fax: 320-634-5457</b> <b>Website:</b> <a href="http://www.co.pope.mn.us/Sheriff_Office">www.co.pope.mn.us/Sheriff Office</a>	<ul style="list-style-type: none"> <li>• Crisis Services</li> <li>• Domestic Violence Services</li> <li>• D.A.R.E. (Drug Abuse Resistance Education)</li> <li>• Provide crime prevention and education services to the general public</li> <li>• H.E.L.P. Council</li> <li>• National Child Safety Council</li> </ul>	<ul style="list-style-type: none"> <li>• Personal safety</li> <li>• Community safety</li> <li>• Alcohol/drug abuse</li> <li>• Education</li> </ul>	No charge for services.



## **Stevens Community Medical Center**

400 E. 1<sup>st</sup> Street

PO Box 660

Morris, MN 56267

**Phone:** 320-589-7625

**Fax:** 320-589-7686

**Mental Health Crisis Line:** 800-563-5955

**Website:** [www.scmcmorris.org](http://www.scmcmorris.org)

### **Satellite office located in:**

**Starbuck Clinic, 501 Poler St., PO Box**

**460, Starbuck, MN 56381**

**Phone: 320-239-3939**

### **Summary of Services**

Stevens Community Medical Center is an integrated, 25-bed critical access hospital, clinic and outpatient mental health services facility.

### **Life Center for clients ages 5 to adulthood offers:**

- Family therapy
- Individual therapy
- Couples and marital counseling
- Diagnostic assessments
- Psychological testing
- Psychiatric assessment
- Medication management
- Medical Psychological consultation

#### *Areas addressed:*

- Aggressive oppositional behaviors
- Alcohol/Drug abuse
- Anxiety disorder
- Attention problems/Impulse control
- Conduct disorder
- Depression
- Eating disorders
- Mood disorders
- Autism Spectrum
- Sexual offenses

### **Children's Therapeutic Support Services (CTSS), ages 0 to 18**

Support services for children or adolescents with emotional disturbances and their families. The program provides:

- Developmentally age-appropriate living skills
- Opportunity to participate in recreational and leisure activities
- Helps children and families identify and deal with personal crises
- Assistance in developing parent skills

#### *Areas addressed:*

- Aggressive oppositional behaviors
- Alcohol/Drug Abuse
- Anxiety disorder
- Conduct/Mood disorders
- Attention problems/Impulse control
- Autism Spectrum
- Depression
- Eating disorders

**Additional Information**

The Behavioral Medicine department employs a program administrator, 3 counselors, 3 psychologists, 2 social workers and contracts with 1 psychiatrist.

Referrals come from healthcare providers, parents, group homes, residential treatment centers, schools, shelters, law enforcement, public health, human services and self-referrals.

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Stevens Community Medical Center</b>            400 E. 1<sup>st</sup> Street            PO Box 660            Morris, MN 56267</p> <p><b>Phone:</b> 320-589-7625  <b>Fax:</b> 320-589-7686  <b>Mental Health Crisis Line:</b> 800-568-5955  <a href="http://www.scmcmorris.org">www.scmcmorris.org</a></p> <p><b>Behavioral Medicine Department Hours:</b>            8:00 am-4:30 pm</p> <p>Satalite Location:            Starbuck Clinic            501 Poler St., PO Box 460, Starbuck, MN 56381            Phone: 320-239-3939</p> <p>For emergencies during non-office hours, seek help at the emergency room or call 911</p> <p><b>Client base:</b>            Ages 0 thru adults</p>	<ul style="list-style-type: none"> <li>• <b>Life Center (Ages 5 to 18)</b> <ul style="list-style-type: none"> <li>○ Mental Health Referral</li> <li>○ Screening/Assessment</li> <li>○ Crisis Services</li> <li>○ Outpatient Services</li> <li>○ Family/community support</li> <li>○ Psychiatric Consultation</li> </ul> </li> <li>• <b>Children’s Therapeutic Support Services (Ages 0 to 18)</b> <ul style="list-style-type: none"> <li>○ Mental health referral</li> <li>○ Crisis Services</li> <li>○ Family/community support</li> <li>○ Parenting support</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Aggressive oppositional behaviors</li> <li>• Alcohol/Drug abuse</li> <li>• Anxiety disorder</li> <li>• Attention problems/Impulse control</li> <li>• Conduct disorder</li> <li>• Depression</li> <li>• Eating disorder</li> <li>• Mood disorder</li> <li>• Autism Spectrum</li> <li>• Sexual offenses</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid/MnCare/Prime West</li> <li>• Private Insurance</li> <li>• Private pay</li> <li>• Sliding fee</li> <li>• Co-Pay</li> <li>• Self-pay</li> <li>• No charges for some services</li> </ul> <p><b>Call for more information</b></p>

**SOLUTIONS Behavioral Healthcare Professionals, Inc.**

801 County Road 44, Suite 102

Alexandria, MN 56308

Phone: 320-762-5411

Fax: 320-762-0829

Website: [www.solutionsinpractice.org](http://www.solutionsinpractice.org)

**Hours: 8:00 am-5:00 pm or by appointment after hours.  
24-hour crisis support for existing clients.**

***Satalite locations:***

**891 Belsly Blvd.  
Moorhead, MN 56560**

**and**

**1104 West River Road  
Detroit Lakes, MN 56501**

**Summary of Services**

SOLUTIONS is a non-profit, Rule 29 mental health facility.

**Area Addressed**

- Aggressive oppositional behavior
- Anxiety disorder
- Attention problems/impulse control
- Conduct disorder
- Depression
- Mood disorder
- Autism Spectrum

*Additional areas may be addressed at other SOLUTIONS locations. Please contact for more information*

Agency	Services	Areas Addressed	Payment Accepted
<p><b>SOLUTIONS Behavioral Healthcare Professionals, Inc.</b>            801 County Road 44,            Suite 102            Alexandria, MN 56308</p> <p><b>Phone:</b> 320-762-5411  <b>Fax:</b> 320-762-0829  <b>Website:</b>  <a href="http://www.solutionsinpractice.org">www.solutionsinpractice.org</a></p> <p><b>Hours:</b> 8:00 am-5:00 pm or by appointment after hours.  <b>24-hour crisis support for existing clients.</b></p>	<ul style="list-style-type: none"> <li>• Mental health referral</li> <li>• Screening /assessment</li> <li>• Crisis services</li> <li>• Outpatient services</li> <li>• Family/community support</li> <li>• Parenting support</li> <li>• ARMHS</li> <li>• CTSS</li> </ul>	<ul style="list-style-type: none"> <li>• Aggressive oppositional behavior</li> <li>• Anxiety disorder</li> <li>• Attention problems/impulse control</li> <li>• Conduct disorder</li> <li>• Depression</li> <li>• Mood disorder</li> <li>• Autism Spectrum</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid/MnCare</li> <li>• PrimeWest Health</li> <li>• Private insurance</li> <li>• Co-pay</li> <li>• Self-pay</li> </ul>

## Someplace Safe

10 1<sup>st</sup> Ave SW

Glenwood, MN 56334

Phone: 320-634-0192 – 320-634-3438

Website: [www.someplacesafe.info](http://www.someplacesafe.info)

### Summary of Services

Someplace Safe is a non-profit agency providing advocacy services to crime victims in west central Minnesota. A large portion of the work is done with victims and survivors of domestic and sexual assault, their families and friends. The Parenting Time Center is available for supervised visits and exchanges on a sliding fee scale.

### Area Addressed

- Mental health referral
- Family/community support
- Parenting support
- Domestic violence services

### Additional Information

Someplace Safe provides community education about child abuse prevention and awareness. The Morris site provides services to residents of Stevens County, although will initially assist individuals from any geographic area and will refer them to the proper outreach office.

Agency	Services	Areas Addressed	Payment Accepted
<b>Someplace Safe</b> 10 1 <sup>st</sup> Ave SW Glenwood, MN 56334  <b>Phone:</b> 320-634-0192 320-634-3483  <b>Hours:</b> 8:00 am-4:00 pm	<ul style="list-style-type: none"><li>• Child Abuse Prevention/ Awareness activities and information</li><li>• “My Body Belongs to Me” curriculum</li><li>• Bullying prevention curriculum</li><li>• Healthy families &amp; relationships information and curriculum</li></ul>	<ul style="list-style-type: none"><li>• Mental health referral</li><li>• Family/community support</li><li>• Parenting support</li><li>• Domestic violence services</li></ul>	<b>No charge for services</b>



## **The Village Family Service Center**

460 Northside Dr., #5

PO Box 712

Alexandria, MN 56308

**Phone:** 320-762-8851

**Fax:** 320-762-8550

**Website:** [www.thevillagefamily.org](http://www.thevillagefamily.org)

**Offices located in 20 other communities in Minnesota and North Dakota.**

### **Summary of Services**

The Village Family Service Center aims to improve the quality of people's lives by providing services in response to people's needs and consistent with our purpose, resources, and ability to provide programs through a dedicated, professional staff.

### **Area Addressed**

- Aggressive oppositional behaviors
- Alcohol/Drug abuse
- Anxiety disorder
- Attention problems/Impulse control
- Communication disorder
- Conduct disorder
- Depression
- Developmental disability
- Eating disorder
- Mood disorders
- Autism spectrum
- Sexual offenses

### **Additional Information**

Services are available for children ages 0 through 21 and their families. Referrals come from child care, preschools, foster care, healthcare providers, parents, school, public health, human services and self-referrals.

Agency	Services	Areas Addressed	Payment Accepted
<p><b>The Village Family Service Center</b>            460 Northside Dr. #5            PO Box 712            Alexandria, MN            56308</p> <p><b>Phone:</b>            320-762-8851</p> <p><b>Fax:</b>            320-762-8550</p> <p><b>Hours:</b>            Monday-Friday            8:00 am-5:00 pm</p> <p><b>Client Base:</b>            Children ages 0 to 21            and their families</p>	<ul style="list-style-type: none"> <li>• Mental Health Referral</li> <li>• Screening/Assessment</li> <li>• Case Management</li> <li>• Crisis Services</li> <li><b><u>In-home Counseling</u></b> <ul style="list-style-type: none"> <li>• Children’s Therapeutic Support Service—Skills Counseling</li> </ul> </li> <li><b><u>Outpatient</u></b> <ul style="list-style-type: none"> <li>• Family Tool Box</li> <li>• Follow My Lead</li> <li>• PCIT</li> <li>• Family/Community support</li> <li>• Therapeutic classroom</li> <li>• Parenting support</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Aggressive oppositional behaviors</li> <li>• Alcohol/Drug abuse</li> <li>• Anxiety disorder</li> <li>• Attention problems/Impulse control</li> <li>• Communication disorder</li> <li>• Conduct disorder</li> <li>• Depression</li> <li>• Developmental disability</li> <li>• Eating disorder</li> <li>• Mood disorder</li> <li>• Autism spectrum</li> <li>• Sexual offenses</li> </ul>	<ul style="list-style-type: none"> <li>• Medicaid/MN Care/PrimeWest</li> <li>• Private insurance</li> <li>• Private pay</li> <li>• Sliding Fee</li> <li>• Self-pay</li> </ul>

## United Way of Douglas & Pope Counties

115 3<sup>rd</sup> Avenue W., Suite 4  
Alexandria, MN 56308

Phone: 320-763-4840

Fax: 320-763-4840

Website: [www.uwdp.org](http://www.uwdp.org)

Hours: 8:00 am-4:30 pm

### Summary of Services

#### Mission Statement

Mobilizing Douglas & Pope County resources to create sustained changes in community conditions to improve lives.

The United Way of Douglas & Pope Counties' primary focus is fundraising and fund distributing to local direct service providers.

United Way Programs that impact children:

- Stuff the Bus: A program to provide school supplies for children that cannot afford supplies.
- Imagination Library: A high quality, free book is delivered to all children under the age of 5, and living in Douglas and Pope Counties.
- Coat Distribution: The United Way works as a clearinghouse to gather and redistribute coats, boots, hats and mittens for children in need.

**The United Way does not provide direct mental health services.**

Agency	Services	Areas Addressed	Payment Accepted
<b>United Way of Douglas &amp; Pope Counties</b> 115 3 <sup>rd</sup> Avenue W., Suite 4 Alexandria, MN 56308  <b>Phone:</b> 320-763-4840 <b>Fax:</b> 320-763-4840 <b>Website:</b> <a href="http://www.uwdp.org">www.uwdp.org</a>  <b>Hours:</b> 8:00 am-4:30 pm Monday-Friday	<ul style="list-style-type: none"><li>• Community/family support</li></ul>	No direct mental health services provided.	Contact United Way directly for funding opportunities.

**West Central Minnesota Communities Action, Inc.**

**Head Start**

411 Industrial Park Blvd.

Elbow Lake, MN 56531

Phone: 218-685-4486

Toll free: 800-492-4805

Fax: 218-685-6741

Website: [www.wcmca.org](http://www.wcmca.org)

**Pope County Head Start classrooms are co-located with the Minnewaska Area Schools Starbuck School Location**

500 John St.

Starbuck, MN 56381

Phone: 320-239-1403

**Summary of Services**

West Central Minnesota Community Action Head Start is a federally and state funded program for families of children ages 3 to 5. Head Start focuses on ensuring that children are healthy and ready to learn, using a holistic approach within families. Community Collaboration is a vital component of the Head Start program.

Head Start enrollment is based on children’s ages, income and special needs. Our program enrolls children in Douglas, Grant, Pope, Stevens and Traverse counties.

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Head Start</b>  <b>West Central Minnesota Communities Action, Inc.</b>                      411 Industrial Park Blvd.                      Elbow Lake, MN 56531</p> <p><b>Phone:</b> 218-685-4486  <b>Toll free:</b> 800-492-4805  <b>Fax:</b> 218-685-6741  <b>Website:</b> <a href="http://www.wcmca.org">www.wcmca.org</a></p>	<ul style="list-style-type: none"> <li>• Mental Health Referral</li> <li>• Family/Community Support</li> <li>• Parenting Support</li> <li>• Classroom Curriculum</li> <li>• ASQ-SE Screening</li> <li>• Positive Behavioral Support</li> <li>• Mental Health Consultation</li> </ul>	<p>Various social emotional development topics are covered through parent/ children’s education</p>	<p>Head Start does not bill for services.</p> <p>Adaptations are made for non-English speaking children and their families.</p>

**Windmill Project**  
1205 Birch Avenue  
Alexandria, MN 56308  
Phone: 320-763-9228  
Website: [www.windmillproject.org](http://www.windmillproject.org)

### **Summary of Services**

The Windmill Project connects families of children with special needs to other families and appropriate resources and services.

### **Area Addressed**

Efforts are directed to parents or other family members for the following areas:

- Aggressive oppositional behaviors
- Alcohol/drug abuse
- Anxiety disorder
- Attention problems/Impulse control
- Chronic physical illness
- Communication disorder
- Conduct disorder
- Depression
- Development disability
- Eating disorder
- Autism Spectrum
- Sexual offenses
- Sleep disorder

### **Additional Information**

These services are available for families of children who have or are eligible for IFSP, IEP or IIIP

Referrals are received from early intervention professionals, private mental health and health providers or other parents/family members.

Agency	Services	Areas Addressed	Payment Accepted
<p><b>Windmill Project</b> 1205 Birch Avenue Alexandria, MN 56308</p> <p><b>Phone:</b> 320-763-9228 <b>Website:</b> <a href="http://www.windmillproject.org">www.windmillproject.org</a></p>	<ul style="list-style-type: none"> <li>• Family/community support</li> <li>• Parenting support</li> </ul>	<ul style="list-style-type: none"> <li>• Aggressive oppositional behaviors</li> <li>• Alcohol/drug abuse</li> <li>• Anxiety disorder</li> <li>• Attention problems/Impulsive control</li> <li>• Chronic physical illness</li> <li>• Communication disorder</li> <li>• Conduct disorder</li> <li>• Depression</li> <li>• Development disability</li> <li>• Eating disorder</li> <li>• Autism Spectrum</li> <li>• Sexual offenses</li> <li>• Sleep disorder</li> </ul>	<p><b>No charge for services.</b></p> <p>Some scholarships are available for annual retreats and workshops located outside of Douglas County.</p>

## **WINGS Family Supportive Services**

700 Cedar Street, Suite 266

Alexandria, MN 56308

Phone: 320-763-6638

Fax: 320-763-6639

Website: [www.wingsfamilyservices.com](http://www.wingsfamilyservices.com)

Hours: Monday-Thursday 8:00 am-4:30 pm Friday 8:00 am-12:00 pm

### **Summary of Services**

Wings is an advocate for and provides supportive services to homeless, vulnerable and less fortunate children and their families.

Wings is a leader in the community providing high quality, innovative programs resulting in healthy families and strong, confident children.

Services Available for children and youth

- Support Groups for children and youth ages 4 - 16
- Child & Youth Advocacy
- Individual Support Counseling
- Mentoring services for children and youth who have been exposed to domestic violence.

### **Area Addressed**

The following areas are addressed through Child & Youth Program, Mother's Program, Father's Program and Young Dad's Services:

- Aggressive oppositional behavior
- Alcohol/drug abuse
- Anxiety disorder
- Attention problem/impulse control
- Conduct disorder
- Depression
- Eating disorder
- Mood disorder
- Sexual offenses
- Sleep disorders
- Child abuse
- Domestic abuse

Agency	Services	Areas Addressed	Payment Accepted
<p><b>WINGS Family Supportive Services</b>            700 Cedar Street, Suite 266            Alexandria, MN 56308</p> <p><b>Phone:</b> 320-763-6638  <b>Fax:</b> 320-763-6639  <b>Website:</b>  <a href="http://www.wingsfamilyservices.com">www.wingsfamilyservices.com</a></p> <p><b>Hours:</b> Monday-Thursday            8:00 am-4:30 pm            Friday 8:00 am-12:00 pm</p>	<ul style="list-style-type: none"> <li>• Mental health referral</li> <li>• Screening/assessment</li> <li>• Case management</li> <li>• Crisis services</li> <li>• Outpatient services</li> <li>• Family/community support</li> <li>• Domestic violence services</li> <li>• Advocacy</li> </ul>	<ul style="list-style-type: none"> <li>• Aggressive oppositional behavior</li> <li>• Alcohol/drug abuse</li> <li>• Anxiety disorder</li> <li>• Attention problem/impulse control</li> <li>• Conduct disorder</li> <li>• Depression</li> <li>• Eating disorder</li> <li>• Mood disorder</li> <li>• Sexual offenses</li> <li>• Sleep disorders</li> <li>• Child abuse</li> <li>• Domestic abuse</li> </ul>	<p><b>No charge for services</b></p>